

**Patent claims**

1. A cosmetic and/or dermatological preparation comprising
  - a) polyols in a concentration of 5 to 50% by weight,
  - 5      b) betaines in a concentration of 0.01 to 75% by weight,in each case based on the total weight of the preparation,  
in addition, if appropriate, to other active ingredients, excipients and additives.
2. The preparation as claimed in claim 1, characterized in that the betaine employed is trimethylglycine.
- 10    3. The preparation as claimed in one of claims 1 or 2, characterized in that the polyol employed is glycerol.
4. The use of betaines as claimed in one of the preceding claims for reducing the stickiness of polyol-containing cosmetic and/or dermatological preparations.
5. The use of betaines as claimed in one of the preceding claims for reducing the greasy  
15      skin sensation of polyol-containing cosmetic and/or dermatological preparations.
6. The use of betaines as claimed in one of the preceding claims for improving the sensory properties of cosmetic and/or dermatological preparations.
7. The use of betaines in cosmetic and/or dermatological preparations as claimed in one of the preceding claims for reducing the adherence of foreign particles, in particular sand, to  
20      skin treated with cosmetic and/or dermatological preparations.
8. The use of cosmetic and/or dermatological preparations as claimed in one of the preceding claims as a skin cream, face cream and/or body lotion.
9. The use of a cosmetic and/or dermatological preparation as claimed in one of the preceding claims as a sunscreen.